

Example Coaching Agreement

Beware: This is a non-binding agreement and has NOT been reviewed by a lawyer.

Client: *(client name)*

This agreement between *(coach name)* and the above named client begins on *(date of first session)* and will continue for a minimum of *(minimum coaching timespan)*. After the initial *(timespan)* period, services will continue until cancelled. The "standard" month is *(# of session and length)* per month, by *(phone / in person)*, to be arranged to the mutual benefit of client and coach, for *\$(fee)* per month or *\$(fee)/session* for partial months. Adjustments to the session length / timing can be arranged at comparable pricing. *(Insert sentence about invoicing / payment expectations – e.g., monthly payments, before or after services are rendered, payments by PayPal, expected within 30 days, etc.)*

The services provided by *(coach name)* to the client are coaching or tele-coaching, as designed jointly with the client. Coaching, which is not therapy, advice, consulting or counseling, may address specific professional or personal projects, business successes or general conditions in the client's life or profession. Other coaching services may include personal assessments, values and goals clarification, brainstorming, identifying plans of action, examining modes of operating in life, asking clarifying questions and making empowering requests.

The client and *(coach name)* agree to provide one another with a minimum *X-day* notice in the event it is desired to cancel further services. Individual session cancellations or re-scheduling require *X-hour* notice to avoid charges.

(Coach name) promises the above named client that all information provided will be kept strictly confidential, within legal limits. Sometimes information that is shared may be specific and explicitly personal. Your willingness to be so truthful will be treated with the utmost confidentiality.

Throughout our working relationship the conversations will continue to be very direct and personal. The client can count on me to be honest and straightforward, asking hard questions and making empowering requests. The purpose of our interaction is to forward the client's own life action and to deepen his/her learning. The client firmly understands that the power of the coaching relationship can only be granted by the client, and the client agrees to do just that. When the client sees that the coaching is not working as desired, the client will communicate and take action to once again return the power to the coaching relationship.

Our signatures on this agreement indicate full understanding and agreement with the information outlined above.

Client

Date

Coach

Date